



My Big TOE

Program

My Big TOE Residential Retreat

2020 Website Program Description

An extraordinary exploration of the Larger Consciousness System led by “My Big TOE” author Thomas Campbell

During this five-day intensive retreat, you'll take a deep dive into the Larger Consciousness System with Tom Campbell, celebrated author of the “My Big TOE” trilogy. A nuclear physicist by training, he holds the distinction of helping to birth the Monroe Institute

Thomas Campbell is a nuclear physicist by training and inclination. He began researching altered states of consciousness with Bob Monroe in the early 1970s, when he and a few other academic researchers were instrumental in launching Bob's laboratory for the study of consciousness. [Tom's bio](#)

Explore the nature of reality. With Tom as your guide and interpreter, you'll embark on a first-hand exploration of the nature of reality and consciousness. He'll delve into the rules of space-time existence, including the speed of light and what he calls nonphysical-matter realities. You'll also come to understand the purpose, limitations and dynamics of “exceptional human experiences.”

Make sense of the Larger Consciousness System. You'll start by learning what the Larger Consciousness System is, what happens in it, and how to effectively tap its infinite powers. Then you'll discover how to interpret what you receive, why you received it, and what else you can do with your experience. After that, it's up to you to decide what to try next.

Rethink your notion of consciousness. Most people believe that consciousness is created by the brain. Tom challenges that notion. He makes a compelling case that we are not physical beings but are consciousness itself. He describes consciousness as a digital information system which is self-aware and constantly developing. Consciousness is, according to Tom, “the ultimate level of reality.” And love is the most developed state of consciousness. Everything manifests from consciousness. Everyone is part of the same [Larger Consciousness System](#).

Understand the two levels of human existence. Tom helps you discover the two levels of human existence: the being level and the intellectual level. The big TOE can only be understood at the being level, what he describes as the truest level of human existence. That's the only place a change in consciousness can occur, he says.

Help the Larger Consciousness System evolve. Throughout the retreat, you'll come to see that your actions do not change your consciousness. What you do is secondary to what you think. Tom asserts that your intent and motivation determine the quality of your consciousness. And only when your consciousness grows toward love can you enhance the quality of your consciousness and help the Larger Consciousness System evolve.

Register early for Tom's program. Because this intensive program is offered every two years, it fills quickly. To hold a spot - and qualify for an early-bird discount--make your reservation early.

All retreat activities take place at Nancy Penn Center, which can accommodate 24 overnight guests. If you're among the first 24 to register, you'll stay at Nancy Penn Center*. If you register in the second wave, you'll stay at our other facility Robert's Mountain Retreat and be shuttled daily to the Nancy Penn Center for all activities. Because your meditation exercises will take place at Nancy Penn in a group setting instead of in private, you will automatically receive a \$200 discount.

**Unless you specifically request discounted accommodations at Robert's Mountain Retreat*